

# Resultatliste

Svalandsgubben 2016

30.10.2016

Plass	Navn	Klubb	Mellomtid	Tid	Etter
<b>Gubben damer 27km</b>					
1	Ingeborg Kristine Lind	Gular, IL	1:15:44 38:48 19:38	<b>2:14:10</b>	
2	Solfrid Braathen	Vidar, Sportsklubben	1:19:46 42:11 21:49	<b>2:23:46</b>	09:36
3	Wenche Lægraid Kvæven	GTI Friidrettsklubb - gr.	1:23:26 42:37 21:56	<b>2:27:59</b>	13:49
4	Ingrid Bøylestad Landa	Froland IL	1:23:27 43:35 21:59	<b>2:29:01</b>	14:51
5	Tuva Eieland	Team Flaxvatn	1:26:11 43:04 22:25	<b>2:31:40</b>	17:30
6	Kjersti Reiersen	NOTEAM	1:26:41 42:41 22:37	<b>2:31:59</b>	17:49
7	Ingrid Ukkelberg	NOTEAM	1:21:35 44:14 26:44	<b>2:32:33</b>	18:23
8	Randi Marie Dyrkolbotn	Vassmyradamene	1:27:35 46:31 21:57	<b>2:36:03</b>	21:53
9	Anne Charlotte Ruud	Birkenes IL	1:25:33 45:57 24:43	<b>2:36:13</b>	22:03
10	Bjørn Kari Haugland	Nikkelverket BIL	1:29:31 45:44 23:31	<b>2:38:46</b>	24:36
11	Trine Holmer-Hoven	Kristiansand Løpeklubb	1:30:26 46:22 22:27	<b>2:39:15</b>	25:05
12	Lillian L. Jahansson	Sparebanken Sør	1:30:45 49:25 25:23	<b>2:45:33</b>	31:23
13	Lene Rørvik	GTI Friidrettsklubb - gr.	1:35:13 47:58 23:33	<b>2:46:44</b>	32:34
14	Linda Bråtveit	Konsmo IL	1:35:57 47:29 23:42	<b>2:47:08</b>	32:58
15	Annika Klungland	NOTEAM	1:35:50 47:32 23:58	<b>2:47:20</b>	33:10
16	Solvor Kleggetveit	Eiken IL	2:49:13 50:33 25:51	<b>2:48:49</b>	34:39
17	Oda Madland Aagesen	Kristiansand Roklubb	1:35:21 48:45 24:56	<b>2:49:02</b>	34:52
18	Solveig Granås	Arendal triathlon	1:35:20 47:55 26:50	<b>2:50:05</b>	35:55
19	Anne Mobergslien	Team Flaxvatn	1:39:48 48:06 23:55	<b>2:51:49</b>	37:39
20	Wenche Lise Ramse	Otra IL	1:37:05 51:28 26:14	<b>2:54:47</b>	40:37
21	Live Strand	Sportsjentene Grenland	1:41:48 48:40 24:22	<b>2:54:50</b>	40:40
22	Anne Grete Meinicke	Jutul, IL	1:41:20 50:50 23:02	<b>2:55:12</b>	41:02
23	Stina Meinicke	Jutul, IL	1:41:20 50:49 23:06	<b>2:55:15</b>	41:05
24	Mali Godhei	Sukkevang Frisbeeklubb	1:41:31 49:32 24:34	<b>2:55:37</b>	41:27
25	Kristin Birkeland	CrossFit Hunsfos	1:40:30 50:30 25:31	<b>2:56:31</b>	42:21
26	Anne Skarpeteig Harkestad	KRIK	1:33:49 53:54 29:13	<b>2:56:56</b>	42:46
27	Maria Bjerke Dalene	NOTEAM	1:42:59 49:28 24:46	<b>2:57:13</b>	43:03
28	Ingvild Kleggetveit	Eiken IL	1:39:16 50:06 28:44	<b>2:58:06</b>	43:56
29	Siri Thortveit Myhre	NOTEAM	2:58:26 51:36 26:49	<b>2:58:13</b>	44:03
30	Kari-Anne Kverneggen	NOTEAM	1:41:34 51:55 25:10	<b>2:58:39</b>	44:29
31	Lill Heidi Elvenes Heldal	Sportsjentene Grenland	1:41:47 49:46 27:41	<b>2:59:14</b>	45:04
32	Karianne Sørtveit	NOTEAM	1:44:57 50:47 23:50	<b>2:59:34</b>	45:24
33	Liv Beate Vågsmyr Compton	NOTEAM	1:44:19 50:18 25:34	<b>3:00:11</b>	46:01
34	Kristin Lauvland	NOTEAM	1:40:24 52:01 29:14	<b>3:01:39</b>	47:29
35	Astrid Brodersen	Team mosjon BIL	1:41:50 52:40 28:01	<b>3:02:31</b>	48:21
36	Anne Cathrine Hansen	Sportsjentene Grenland	1:43:40 53:07 25:45	<b>3:02:32</b>	48:22
37	Synnøve Thomassen	Tangen vgs	1:40:32 54:37 29:20	<b>3:04:29</b>	50:19
38	Marthe Akselsen Brommeland	Fløy	1:47:02 52:18 25:11	<b>3:04:31</b>	50:21
39	Astrid Frøysnes Flaa	Lillesand IL	3:05:15 56:14 29:48	<b>3:04:49</b>	50:39
40	Marianne Årdalen	Eidanger Idrettslag	1:50:23 51:24 23:40	<b>3:05:27</b>	51:17
40	Christine Hassel	NOTEAM	1:47:54 51:46 25:47	<b>3:05:27</b>	51:17
42	Gro Børte	Sørlandet sykehus	1:41:32 54:52 29:24	<b>3:05:48</b>	51:38
43	Elin Årseth	Sportsjentene Grenland	1:45:43 53:34 26:42	<b>3:05:59</b>	51:49
44	Hanne Henriksen	NOTEAM	1:47:49 52:33 26:00	<b>3:06:22</b>	52:12
45	Beate Lærum Berg	Sportsjentene Grenland	1:46:39 55:01 26:31	<b>3:08:11</b>	54:01
46	Linda Hansen	Just IL	1:47:56 54:25 25:54	<b>3:08:15</b>	54:05
47	Linda Høyem	NOTEAM	1:42:59 57:22 29:07	<b>3:09:28</b>	55:18
48	Randi Handeland	NOTEAM	1:47:46 54:08 27:59	<b>3:09:53</b>	55:43
49	Merete Berntsen	Skagerrak sportsklubb	1:50:25 52:12 27:30	<b>3:10:07</b>	55:57
50	Siri Helene Puntervold Nilssen	NOTEAM	1:47:57 54:57 27:21	<b>3:10:15</b>	56:05
51	Charlotte Aspholm	Kristiansand Løpeklubb	1:47:34 56:39 28:07	<b>3:12:20</b>	58:10
52	Merethe Gabrielsen	Imås IL	1:48:34 56:49 27:46	<b>3:13:09</b>	58:59
53	Anita Movik Simensen	IL FREA	1:48:38 57:38 27:35	<b>3:13:51</b>	59:41
54	Cathrine Skarpeid	OneCo	1:49:03 56:56 28:48	<b>3:14:47</b>	1:00:37
55	Turi Jorud	Intersport Skippergata	1:47:48 56:05 31:46	<b>3:15:39</b>	1:01:29
56	Karoline Pettersen	NOTEAM	1:51:26 56:22 27:55	<b>3:15:43</b>	1:01:33
57	Mariell Frestad Vegusdal	Team Flaxvatn	1:49:02 56:46 29:57	<b>3:15:45</b>	1:01:35

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Svalandsgubben 2016

30.10.2016

Class	Navn	Klubb	Mellomtid			Tid	Etter
<b>Gubben damer 27km</b>							
58	Anna Gunn Folgerø	Hillestadheia	1:49:04	57:26	30:32	<b>3:17:02</b>	1:02:52
59	Turid Dyrstad	Spring løp	1:51:09	57:50	29:05	<b>3:18:04</b>	1:03:54
60	Laila Andersen	Sportsjentene Grenland	1:48:44	59:17	30:16	<b>3:18:17</b>	1:04:07
61	Anne-Lill Larsen	Eiendomsmegler 1	1:52:51	57:56	28:21	<b>3:19:08</b>	1:04:58
62	Elisabeth Johnsen	NOTEAM	1:52:53	58:53	29:27	<b>3:21:13</b>	1:07:03
63	Ellen Vardaasen	Grimstad Ungdomsskole	1:58:36	56:52	27:57	<b>3:23:25</b>	1:09:15
64	Kathrine Aase	Birkenes IL	1:55:09	1:02:31	28:39	<b>3:26:19</b>	1:12:09
65	Marianne Ulsaker	NOTEAM	1:55:46	1:00:26	30:34	<b>3:26:46</b>	1:12:36
66	Helene Hørte	Birkenes IL	1:57:35	1:00:06	29:17	<b>3:26:58</b>	1:12:48
67	Sofie Lohne	Phonero AS	1:56:12	1:03:13	28:17	<b>3:27:42</b>	1:13:32
68	Cathrine Bulien Lauvdal	Arendal triathlon	1:56:19	1:02:05	29:20	<b>3:27:44</b>	1:13:34
69	Ellen Karlsen	Vassmyra-damene	1:56:30	1:00:03	31:25	<b>3:27:58</b>	1:13:48
70	Ingrid Therese Solberg	Kristiansand triatlon	1:57:34	1:00:08	30:50	<b>3:28:32</b>	1:14:22
71	Mari Reiersen Jensen	Birkenes IL	13:29:00			<b>3:29:00</b>	1:14:50
72	Tonje Andresen	Sportsjentene Grenland	1:56:32	1:01:57	32:45	<b>3:31:14</b>	1:17:04
73	Hilde Vellene Nygård	ROC	1:53:56	1:05:43	34:04	<b>3:33:43</b>	1:19:33
74	Nina Sunnås	Team mosjon	2:03:27	1:01:21	29:46	<b>3:34:34</b>	1:20:24
75	Kristine Heggland Vigsnes	Hennig-Olsen Is	1:58:40	1:01:07	34:52	<b>3:34:39</b>	1:20:29
76	Sissel Vik	Hillestadheia	1:59:57	1:04:58	30:38	<b>3:35:33</b>	1:21:23
77	Lone Nielsen	Sportsjentene Grenland	1:59:14	1:04:51	31:42	<b>3:35:47</b>	1:21:37
78	Ina Ramslund	Elkem	1:58:30	1:05:00	32:41	<b>3:36:11</b>	1:22:01
79	Ann Irene Hauge Møller	Birkenes IL	1:56:17	1:05:20	36:05	<b>3:37:42</b>	1:23:32
80	Kari Eliana Hjembo	Valstrand skole	1:55:40	1:05:57	36:10	<b>3:37:47</b>	1:23:37
81	Kristin Andreassen	NOTEAM	3:38:39	1:03:19	30:27	<b>3:38:08</b>	1:23:58
82	Iris Anette Olsen	NOTEAM	1:58:34	1:05:25	34:13	<b>3:38:12</b>	1:24:02
83	Aina Elise Viena	Team Viena	1:53:50	1:09:02	35:21	<b>3:38:13</b>	1:24:03
84	Sigrid Andersen	LiBiR IKS	2:04:25	1:03:35	31:02	<b>3:39:02</b>	1:24:52
85	Sunniva Finne	Phonero AS	2:04:16	1:03:02	32:43	<b>3:40:01</b>	1:25:51
86	Sølvi Elisabeth Knutsen	Sportsjentene Grenland	1:59:11	1:08:30	36:16	<b>3:43:57</b>	1:29:47
87	Camilla Fjordholm	Vindbjart, IL	2:04:24	1:07:02	33:48	<b>3:45:14</b>	1:31:04
87	Ingvild Verdal	Hægebostad IL	2:04:23	1:07:02	33:49	<b>3:45:14</b>	1:31:04
89	Malene Skarpeid	NOTEAM	2:04:21	1:06:11	36:41	<b>3:47:13</b>	1:33:03
90	Barbro Hillestad	Hillestadheia	2:04:10	1:08:50	36:34	<b>3:49:34</b>	1:35:24
91	Katrine Mørland	Fit for summer	2:09:23	1:13:25	32:33	<b>3:55:21</b>	1:41:11
92	Janne Kittilsen	Sportsjentene Grenland	2:21:38	1:04:09	33:15	<b>3:59:02</b>	1:44:52
92	Lena Cecilie Østgård	Sportsjentene Grenland	2:21:37	1:04:11	33:14	<b>3:59:02</b>	1:44:52
94	Thea Eriksen	NOTEAM	2:11:10	1:16:32	34:18	<b>4:02:00</b>	1:47:50
95	Jannicke Usterud	NOTEAM	2:14:50	1:15:43	37:08	<b>4:07:41</b>	1:53:31
96	Aina Skaar	NOTEAM	2:18:43	1:11:36	38:55	<b>4:09:14</b>	1:55:04
97	Kristin Bøhn	NOTEAM	2:18:39	1:16:38	37:02	<b>4:12:19</b>	1:58:09
98	Ingebjørg Sommerset Risdal	3B bil	2:54:33	2:29:22		<b>5:23:55</b>	3:09:45
98	Maria Hardeberg	NOTEAM	2:54:28	2:29:27		<b>5:23:55</b>	3:09:45
DNF	Linda G. Opheim	Kristiansand Løpeklubb					
Antall	100	Påmeldte: 108	Startende: 100				

## Kortgubben herrer junior 13km

1	Thomas Meinicke	Jutul, IL	35:53	16:25		<b>52:18</b>	
2	Andreas Værland	Vegårshei IL	37:35	17:09		<b>54:44</b>	02:26
3	Marius Pytten	Torridal Gubbeklubb	37:35	17:32		<b>55:07</b>	02:49
4	David Andreas Grimestad	Søgne Skiklubb	39:37	17:51		<b>57:28</b>	05:10
5	Tor Olav Svaland	Birkenes IL	39:46	18:05		<b>57:51</b>	05:33
6	Benjamin Malz	Kristiansand Løpeklubb	41:36	17:28		<b>59:04</b>	06:46
7	Olav Meling Spikkeland	Oddersjaa SSK	41:37	18:32		<b>1:00:09</b>	07:51
8	Martin Uldal	Birkenes IL	41:35	19:06		<b>1:00:41</b>	08:23
9	Håkon Langeland	Øvrebø il	42:31	19:01		<b>1:01:32</b>	09:14
10	Niklas Tveit	Vindbjart, IL	42:49	18:46		<b>1:01:35</b>	09:17

# Resultatliste

Svalandsgubben 2016

30.10.2016

Plass	Navn	Klubb	Mellomtid	Tid	Etter
<b>Kortgubben herrer junior 13km</b>					
11	Knut Olav Lie	Vindbjart, IL	43:02 18:55	<b>1:01:57</b>	09:39
12	Kristoffer Væting	Lillesand IL	43:53 19:00	<b>1:02:53</b>	10:35
13	Per Kristian Gauslaa	Lillesand IL	44:22 19:57	<b>1:04:19</b>	12:01
14	Magnus Mosfjell	Birkenes IL	44:38 20:07	<b>1:04:45</b>	12:27
15	Anders Vestøl	Vegårshei IL	45:20 19:43	<b>1:05:03</b>	12:45
16	Tobias Frøytlund	Øvrebø il	44:39 21:08	<b>1:05:47</b>	13:29
17	Mathias Holbæk	Vindbjart, IL	45:23 21:48	<b>1:07:11</b>	14:53
18	Mathias Horn Elieson	Oddersjaa SSK	47:46 20:07	<b>1:07:53</b>	15:35
19	Sander S. Lindevik	Kristiansands IF-Friidrett	47:59 20:13	<b>1:08:12</b>	15:54
20	Benjamin Udø	Vindbjart, IL	50:53 19:59	<b>1:10:52</b>	18:34
21	Martin Reiersen Jensen	Birkenes IL	12:31:06	<b>1:11:06</b>	18:48
22	Kristian Skovly	Vindbjart, IL	47:54 23:28	<b>1:11:22</b>	19:04
23	Jonas Ruud	Vindbjart, IL	53:31 23:51	<b>1:17:22</b>	25:04
24	Magnus Fossum	Ik Grane Arendal	58:37 24:26	<b>1:23:03</b>	30:45
25	Pål Granås	Arendal triathlon	1:01:25 30:13	<b>1:31:38</b>	39:20
Antall	25	Påmeldte: 28	Startende: 25		

## Gubben herrer 27km

1	Eirik Gramstad	Vidar, Sportsklubben	59:40 30:58 15:45	<b>1:46:23</b>	
2	Eivind Knutsen	Kristiansand Løpeklubb	1:00:33 31:39 16:13	<b>1:48:25</b>	02:02
3	Ståle Gjelsten	Kristiansand Løpeklubb	1:03:15 31:54 16:27	<b>1:51:36</b>	05:13
4	Ole Kristian Heggheim	Kristiansand Løpeklubb	1:03:16 31:52 16:32	<b>1:51:40</b>	05:17
5	Christian Bøen	Kristiansand Løpeklubb	1:04:24 33:04 17:21	<b>1:54:49</b>	08:26
6	Terje Fredriksen	Kristiansand Løpeklubb	1:06:04 33:20 17:06	<b>1:56:30</b>	10:07
7	John Olav Steinsland	Kristiansand Løpeklubb	1:05:28 34:09 18:29	<b>1:58:06</b>	11:43
8	Anders Tveit	Birkenes IL	1:05:27 34:27 18:55	<b>1:58:49</b>	12:26
9	Lars Gurandrud	Knipen Kneikelag	1:06:04 35:19 18:21	<b>1:59:44</b>	13:21
10	Ørjan Ravndal	GTI Friidrettsklubb - gr.	1:05:26 34:49 19:47	<b>2:00:02</b>	13:39
11	Lars Aasheim Svaland	Birkenes IL	1:07:24 35:32 18:37	<b>2:01:33</b>	15:10
12	Lars Aanensen	PwC/Team SkiClub	1:03:46 42:37 20:48	<b>2:07:11</b>	20:48
13	Andreas Penne Nygård	Sykkelfabrikk.no	1:07:47 37:49 22:06	<b>2:07:42</b>	21:19
14	Odd Inge Knabenes	Kvinesdal IL	1:11:48 37:20 19:04	<b>2:08:12</b>	21:49
15	Jonny Svaland	Avinor BIL / Birkenes IL	1:12:35 36:47 19:36	<b>2:08:58</b>	22:35
16	Finn Terje Uberg	Luton Town Supporter	1:11:45 38:06 19:19	<b>2:09:10</b>	22:47
17	Kristoffer Pettersen	Bjelland IL	1:11:47 37:24 20:19	<b>2:09:30</b>	23:07
18	Erlend Haugstad	Otra IL	1:12:35 38:42 19:32	<b>2:10:49</b>	24:26
19	Hallvard Kleggetveit	Eiken IL	1:13:40 38:41 19:46	<b>2:12:07</b>	25:44
20	Kristoffer Bakke	Berge 2000	1:15:07 37:38 19:42	<b>2:12:27</b>	26:04
21	Eirik André Hanssen	Gjerpen IF Alliance -	1:15:37 38:32 18:34	<b>2:12:43</b>	26:20
22	Marius Engeland	Hennig Olsen is	1:15:11 38:41 19:42	<b>2:13:34</b>	27:11
23	Åge Harald Drangsholt	Fædrelandsvennen	1:14:50 38:26 20:31	<b>2:13:47</b>	27:24
24	Stein Aanensen	Mandal og Halse IL-	1:14:27 39:47 20:27	<b>2:14:41</b>	28:18
25	Terje Skøien	Komkam	1:13:58 39:35 21:17	<b>2:14:50</b>	28:27
26	Torstein Håland	Bryne Triathlonklubb	1:16:07 38:17 20:41	<b>2:15:05</b>	28:42
27	Magnus Asbjørn Berg	Christiania roklubb /	1:14:31 39:56 20:52	<b>2:15:19</b>	28:56
28	Kristoffer Andersson	PwC BIL	1:16:35 38:36 20:37	<b>2:15:48</b>	29:25
29	Endre Amundsen	NOTEAM	1:13:37 40:43 21:55	<b>2:16:15</b>	29:52
30	Thomas Lindal	KKG idrett	1:18:23 38:35 19:51	<b>2:16:49</b>	30:26
31	Eivind Pettersen	Søgne IL	1:16:57 38:48 21:13	<b>2:16:58</b>	30:35
32	Rolf Aasland	Åseral IL	1:17:04 39:08 20:55	<b>2:17:07</b>	30:44
33	Andreas Herstad Dolmen	Nikkelverket BIL	1:17:47 39:12 20:11	<b>2:17:10</b>	30:47
34	Ståle Thortveit	EXBO	1:17:12 40:00 20:05	<b>2:17:17</b>	30:54
35	Morten Horn Elieson	Team SkiClub	1:16:02 39:49 21:54	<b>2:17:45</b>	31:22
36	Christian Aabel	Birkenes IL	1:15:35 39:56 22:16	<b>2:17:47</b>	31:24
37	Mads Nasset	Team Flaxvatn	1:15:34 40:36 21:40	<b>2:17:50</b>	31:27
38	Tore Tjørnholm	Kristiansand Løpeklubb	1:12:19 41:56 23:43	<b>2:17:58</b>	31:35

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Svalandsgubben 2016

30.10.2016

Plass	Navn	Klubb	Mellomtid	Tid	Etter
<b>Gubben herrer 27km</b>					
39	Stefan Jensen	SelectionPartner	1:17:21 39:52 20:51	<b>2:18:04</b>	31:41
40	Ketil Jerstad	Kristiansand triathlon	1:14:16 41:01 23:10	<b>2:18:27</b>	32:04
41	Asle Foss	Kvås IL	1:18:51 39:29 20:11	<b>2:18:31</b>	32:08
42	Kenneth Sløgedal	Marnardal IL	1:17:18 39:56 21:18	<b>2:18:32</b>	32:09
43	David Runde	Test 14. november	1:17:57 40:53 19:47	<b>2:18:37</b>	32:14
44	Bjarte Bransdal	otra i.l	1:17:37 40:35 20:54	<b>2:19:06</b>	32:43
45	Bjørn Erik Norman	Kristiansand Løpeklubb	1:18:43 41:03 19:32	<b>2:19:18</b>	32:55
46	Simen Koland	Phonero AS	1:16:08 39:35 23:36	<b>2:19:19</b>	32:56
47	Arvid Fredriksen	Kristiansand Løpeklubb	1:17:18 40:28 21:57	<b>2:19:43</b>	33:20
48	Finn Kollstad	Kristiansand Løpeklubb	1:17:18 40:27 21:59	<b>2:19:44</b>	33:21
49	Øystein Kismul Matre	Birkenes IL	1:16:00 41:47 22:19	<b>2:20:06</b>	33:43
50	Kåre Aanensen	Mandal og Halse IL-	1:17:17 40:57 21:55	<b>2:20:09</b>	33:46
51	Martin Hermansen	3B bil	1:18:44 41:19 20:19	<b>2:20:22</b>	33:59
52	Magnarne Stav Johanssen	NOV	1:18:17 40:28 21:57	<b>2:20:42</b>	34:19
53	Svein Ove Gundersen	Mandal og Halse IL-	1:17:20 41:05 22:44	<b>2:21:09</b>	34:46
54	Jan Erik Christensen	NOTEAM	1:22:05 38:27 21:03	<b>2:21:35</b>	35:12
55	Jan Rikaro Olafsen	NOTEAM	1:22:22 39:07 20:23	<b>2:21:52</b>	35:29
55	Gunnar Næss	Romerike Ultraløperklubb	1:21:43 39:30 20:39	<b>2:21:52</b>	35:29
57	Markus Horn Elieson	Oddersjaa SSK / Team	1:16:08 42:18 23:43	<b>2:22:09</b>	35:46
58	Håvar Birkeland Stormoen	Øvre Birkeland	1:19:05 42:02 21:25	<b>2:22:32</b>	36:09
58	Tom Henrik Flaa	GTI Friidrettsklubb - gr.	1:21:22 40:17 20:53	<b>2:22:32</b>	36:09
58	Dagfinn B Lie	Vindbjart, IL	1:17:20 42:58 22:14	<b>2:22:32</b>	36:09
61	Ole Endré Kallhovd	Kristiansand Løpeklubb	1:16:06 41:45 24:46	<b>2:22:37</b>	36:14
62	Frank Salvesen	Politiet Kristiansand	1:21:06 40:49 20:43	<b>2:22:38</b>	36:15
63	Torfinn Håland	GE Healthcare BIL	1:21:10 40:04 21:30	<b>2:22:44</b>	36:21
64	Gjermund Steinsland	Team Skiclub.no	1:05:43 47:16 30:03	<b>2:23:02</b>	36:39
65	Lars Reiten	Birkenes IL	1:19:50 41:23 22:01	<b>2:23:14</b>	36:51
66	Ånund Olsen	Gjerpen IF Alliance -	1:21:23 41:02 20:50	<b>2:23:15</b>	36:52
66	Arild Isaksen	Vindbjart, IL	1:17:11 42:50 23:14	<b>2:23:15</b>	36:52
66	Ola Fosshaug	Svene IL	1:19:34 41:24 22:17	<b>2:23:15</b>	36:52
69	Gabriel Ingebretsen	Våg, IK	1:21:53 39:54 21:52	<b>2:23:39</b>	37:16
70	Are Aanesland	MHWirth Bil	1:22:23 40:29 21:18	<b>2:24:10</b>	37:47
71	Bjørn Aanensen	Mandal og Halse IL-	1:19:42 42:36 22:08	<b>2:24:26</b>	38:03
72	Jan Fredrik Stiansen	Kristiansands	1:21:08 41:15 22:26	<b>2:24:49</b>	38:26
73	Erlend Eikeland Myrnes	Bayer Club	1:21:22 41:12 22:23	<b>2:24:57</b>	38:34
74	Rune Bjørklund	Express, IL	1:23:56 40:48 20:55	<b>2:25:39</b>	39:16
75	Bård Javnes	NOTEAM	1:21:07 42:17 22:42	<b>2:26:06</b>	39:43
76	Johan René Bjørnsen	Vindbjart, IL	1:21:05 42:15 22:49	<b>2:26:09</b>	39:46
77	Jan Martin Mossige	NOTEAM	1:23:01 42:15 20:56	<b>2:26:12</b>	39:49
78	Stian Tveten	Skagerrak sportsklubb	1:21:54 42:48 21:40	<b>2:26:22</b>	39:59
79	Oskar Sødal	Kristiansand Roklubb	1:21:52 42:37 22:04	<b>2:26:33</b>	40:10
80	Preben Gundersen	Lund Ck	1:21:39 42:38 22:20	<b>2:26:37</b>	40:14
81	Terje Sivertsen	Rygene IL	1:21:55 43:33 21:33	<b>2:27:01</b>	40:38
82	Geir Strand	Vindbjart, IL	1:21:38 42:40 23:06	<b>2:27:24</b>	41:01
83	Espen Slemdahl	Blodsmak Sportsklubb	1:23:33 42:17 21:44	<b>2:27:34</b>	41:11
84	Ole Holbæk	Vindbjart, IL	1:17:19 45:24 25:05	<b>2:27:48</b>	41:25
85	Asgeir Jensen	Birkenes IL	1:21:26 41:58 24:25	<b>2:27:49</b>	41:26
86	Vegard Myhre	NOTEAM	1:24:05 42:54 20:56	<b>2:27:55</b>	41:32
87	Gaute Kilen	NOTEAM	1:24:23 41:51 21:56	<b>2:28:10</b>	41:47
88	Sondre Flaa Eieland	Team Flaxvatn	1:21:29 43:47 23:11	<b>2:28:27</b>	42:04
89	Kjetil Sørby	Telering Bedrift Eracom	1:22:24 43:48 22:21	<b>2:28:33</b>	42:10
90	Steffen Flaa	NOTEAM	1:26:34 40:00 22:04	<b>2:28:38</b>	42:15
91	Knut Gunnar Solli	3B Fibreglass	1:24:01 43:18 21:20	<b>2:28:39</b>	42:16
92	Nils Kristian Aarsland	Kristiansand Løpeklubb	1:24:48 42:10 21:44	<b>2:28:42</b>	42:19
93	Tommy Walker	NOTEAM	1:23:18 43:08 22:18	<b>2:28:44</b>	42:21
94	Øystein Lie	LUB aktiv	1:21:37 42:51 24:32	<b>2:29:00</b>	42:37
95	Håkon Bernhardsen	Asplan Viak AS	1:21:35 44:18 23:27	<b>2:29:20</b>	42:57

# Resultatliste

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Plass	Navn	Klubb	Mellomtid			Tid	Etter
<b>Gubben herrer 27km</b>							
96	Finn Dag Hjelseth	NOTEAM	1:23:17	43:03	23:02	<b>2:29:22</b>	42:59
97	Christian Møller-Skau	Skagerrak sportsklubb	1:22:05	43:29	23:53	<b>2:29:27</b>	43:04
98	Øyvind Bergan	Vegårshei IL	1:24:30	43:37	21:23	<b>2:29:30</b>	43:07
99	Martin Solberg	Froland IL	1:19:49	44:30	25:13	<b>2:29:32</b>	43:09
100	André Holbæk	Vindbjart, IL	1:21:05	43:53	24:49	<b>2:29:47</b>	43:24
101	Sigurd Syrdal	Gjensidige Sport	1:26:12	42:43	20:54	<b>2:29:49</b>	43:26
102	Øystein Andersen	HSH Entreprenør	1:22:09	44:20	23:24	<b>2:29:53</b>	43:30
103	Geir Jernæs	NOTEAM	1:25:34	43:44	20:40	<b>2:29:58</b>	43:35
104	Øystein Lorentzen	NOTEAM	1:24:04	43:38	22:17	<b>2:29:59</b>	43:36
105	Tom-Erik Mathisen	Vindbjart, IL	1:22:47	44:32	22:48	<b>2:30:07</b>	43:44
106	Inge Kalbakk	MHWirth	1:24:47	43:49	21:33	<b>2:30:09</b>	43:46
107	Tom Egil Rosseland	MHWirth Bil	1:24:22	43:39	22:10	<b>2:30:11</b>	43:48
108	Jon-Egil Enger	NOTEAM	1:21:18	45:38	23:36	<b>2:30:32</b>	44:09
109	Jakob Kallevik	Kristiansand Løpeklubb	1:24:03	44:52	21:51	<b>2:30:46</b>	44:23
110	Ørjan Svaland Aas	NOTEAM	2:31:40	42:28	24:39	<b>2:31:14</b>	44:51
111	Fredrik Naalsund	Phonero AS	2:31:41	43:36	26:07	<b>2:31:19</b>	44:56
112	Helge Tønnessen	KBR-BIL	2:31:33	43:49	25:25	<b>2:31:23</b>	45:00
113	Geir Ellingsen	Kristiansand triathlon	1:25:15	44:07	22:09	<b>2:31:31</b>	45:08
114	Gunnar Samuelsen	Norkart BIL	1:24:33	44:40	22:35	<b>2:31:48</b>	45:25
115	Thomas Øderud	Kristiansand Løpeklubb	2:32:05	45:05	22:03	<b>2:31:55</b>	45:32
116	Svein Harald Holbæk	Avinor BIL	1:22:01	45:26	24:46	<b>2:32:13</b>	45:50
117	Håkon Hjellup	Spangereid IL	1:24:27	45:20	22:41	<b>2:32:28</b>	46:05
118	Asbjørn Drivdal	Birkenes IL	1:22:25	45:06	24:59	<b>2:32:30</b>	46:07
119	Ragnar Mauseth	NOTEAM	2:33:00	43:53	21:55	<b>2:32:31</b>	46:08
120	Per Morten Kleggetveit	Eiken IL	1:23:12	45:07	24:16	<b>2:32:35</b>	46:12
121	Roger Johnsen	Nikkelverk	1:26:33	43:46	22:22	<b>2:32:41</b>	46:18
122	Joar Kvaase	Kristiansand Løpeklubb	1:25:14	44:21	23:27	<b>2:33:02</b>	46:39
123	Yngvar Larsen	Vindbjart, IL	1:25:31	43:48	24:17	<b>2:33:36</b>	47:13
124	Karl-Berge Rød	NOTEAM	1:23:33	45:50	24:16	<b>2:33:39</b>	47:16
125	Preben Agerbo	Team Flaxvatn	1:24:11	45:09	24:37	<b>2:33:57</b>	47:34
126	Johan Heide	Elkem BIL	1:23:32	44:49	25:40	<b>2:34:01</b>	47:38
127	Håvard Kjærgaard	ROC	1:24:46	45:44	23:37	<b>2:34:07</b>	47:44
128	Svein-Tore Nilsen	Kristiansand Løpeklubb	1:26:31	44:27	23:17	<b>2:34:15</b>	47:52
129	Arvid Borø	Søgne Skiklubb	1:26:31	44:19	23:38	<b>2:34:28</b>	48:05
130	Ruben Gausdal	NOTEAM	1:24:49	44:55	24:49	<b>2:34:33</b>	48:10
131	Vegar Melby	Gjerpens IF Alliance -	1:23:55	45:39	25:12	<b>2:34:46</b>	48:23
132	Paul-Erling Lia	Nasjonal	1:25:43	45:27	23:38	<b>2:34:48</b>	48:25
133	Bjørnar Vestøl	Sørild FIK	1:26:15	45:12	23:28	<b>2:34:55</b>	48:32
134	Morten Dahle	NOTEAM	1:26:56	44:29	23:36	<b>2:35:01</b>	48:38
135	Vidar Erlandsen	Birkenes IL	1:26:01	44:49	24:21	<b>2:35:11</b>	48:48
136	Morten Damm	Lyn Ski	1:22:59	46:06	26:15	<b>2:35:20</b>	48:57
137	Rune Alsted Amundsen	Kristiansand	1:25:11	45:43	24:28	<b>2:35:22</b>	48:59
138	Hermod Førde	BYGGI HUNSFOS	1:26:28	45:14	23:41	<b>2:35:23</b>	49:00
139	Daniel Straum	Vegårshei IL	1:29:26	44:13	21:45	<b>2:35:24</b>	49:01
140	Even Skuland	Krabbeskum Gym	1:32:00	42:00	21:31	<b>2:35:31</b>	49:08
141	Håvard Lund Eide	NOV BIL	1:28:04	44:28	23:11	<b>2:35:43</b>	49:20
142	Eivind Birkeland	Bymiljøetaten BIL	1:26:57	44:05	24:43	<b>2:35:45</b>	49:22
143	Tom Gabrielsen	NOTEAM	1:26:14	45:24	24:10	<b>2:35:48</b>	49:25
144	Knut Arild Espegren	Birkenes IL	1:23:32	45:56	26:25	<b>2:35:53</b>	49:30
145	Kurt Hatløy	Sorlandske	1:26:17	45:22	24:16	<b>2:35:55</b>	49:32
146	Kim-Andre Pählman	Kristiansand Løpeklubb	1:29:30	44:32	21:56	<b>2:35:58</b>	49:35
146	Christopher Storm Larsen	Legestudentenes IK -	1:28:32	44:17	23:09	<b>2:35:58</b>	49:35
148	Jan Haagensen	NOTEAM	1:29:10	43:23	23:58	<b>2:36:31</b>	50:08
149	Knut Rune Jahnsen	Valstrand skole	1:26:27	45:25	24:43	<b>2:36:35</b>	50:12
150	Kjetil Norby	NOTEAM	1:25:34	46:24	24:39	<b>2:36:37</b>	50:14
151	Robert Burke	EY	1:31:40	43:30	21:30	<b>2:36:40</b>	50:17
152	Espen Grundetjern	Kristiansand Løpeklubb	1:28:16	43:43	24:46	<b>2:36:45</b>	50:22

# Resultatliste

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Class	Navn	Klubb	Mellomtid	Tid	Etter
<b>Gubben herrer 27km</b>					
153	Torkel Reinhartsen	Kristiansand Løpeklubb	1:24:31 46:19 26:03	<b>2:36:53</b>	50:30
154	Eirik Mørch Aaen	Kristiansand Løpeklubb	1:31:57 43:01 22:03	<b>2:37:01</b>	50:38
155	Espen Eriksen	Skagerrak sportsklubb	1:29:29 43:15 24:18	<b>2:37:02</b>	50:39
156	Ole-Marius Mathiassen	Kristiansand triatlon	1:27:15 46:41 23:28	<b>2:37:24</b>	51:01
157	Morten Øya	NOTEAM	1:28:29 44:31 24:31	<b>2:37:31</b>	51:08
158	Stein-Erik Scheie	Telesport	1:27:05 45:52 24:52	<b>2:37:49</b>	51:26
159	Paul Nilsen	Gumpens Auto Vest AS	1:24:45 47:19 26:10	<b>2:38:14</b>	51:51
160	Ola Brunnes Stakkeland	Team Laktat	2:38:26 44:01 22:38	<b>2:38:15</b>	51:52
161	Niils Guttormsen	Flekkerøy	1:27:55 45:47 24:38	<b>2:38:20</b>	51:57
162	Thor Bylund	Olasheiløpet	1:28:45 46:03 23:42	<b>2:38:30</b>	52:07
163	Tor Helge Schjøll	Sparebanken Sør	1:28:18 45:48 24:31	<b>2:38:37</b>	52:14
164	Svein Erik Bjorvand	Kristiansand Løpeklubb	1:29:12 45:57 23:35	<b>2:38:44</b>	52:21
165	Thomas Alsted Jakobsen	Grimstad Triathlon	1:29:23 45:52 23:37	<b>2:38:52</b>	52:29
166	Martin Børvik	Birkenes IL	1:30:29 44:14 24:20	<b>2:39:03</b>	52:40
167	Kim Andre Nomeland	Bygland IL	1:27:36 46:32 25:02	<b>2:39:10</b>	52:47
167	Rune Solhøi	Søgne IL	1:27:37 46:30 25:03	<b>2:39:10</b>	52:47
169	Espen Lunde	Skade, Idrettslaget	1:28:30 46:08 24:43	<b>2:39:21</b>	52:58
170	Arild Hetland	Marnardal IL	1:30:27 45:39 23:26	<b>2:39:32</b>	53:09
171	Terje Heisel	Vindbjart, IL	1:28:56 46:00 24:53	<b>2:39:49</b>	53:26
171	Glenn Hove	NOTEAM	1:34:01 43:11 22:37	<b>2:39:49</b>	53:26
173	Even Fløystad	Kristiansands	1:26:03 48:03 25:46	<b>2:39:52</b>	53:29
174	Eivind Halaas	Sørild FIK	1:26:55 47:38 25:20	<b>2:39:53</b>	53:30
175	Kristian Emanuelsen	NOV BIL	1:33:55 45:00 21:00	<b>2:39:55</b>	53:32
176	Helge Aasli	HSH Entreprenør	1:19:10 50:29 30:38	<b>2:40:17</b>	53:54
177	Øyvind Svaland	Team Flaxvatn	2:40:43 48:24 27:36	<b>2:40:24</b>	54:01
178	Ørjan Østervold	Vindbjart, IL	1:29:28 45:34 25:24	<b>2:40:26</b>	54:03
179	Fredrik Stoveland	Birkenes IL	1:29:57 44:58 25:32	<b>2:40:27</b>	54:04
180	Arild Flystveit	Phonero AS	1:26:25 47:01 27:07	<b>2:40:33</b>	54:10
181	Lars Christian Beckmann	NOTEAM	1:29:24 46:22 24:53	<b>2:40:39</b>	54:16
182	Tor Arne Birkeland	Giv Akt IL	1:29:25 46:04 25:14	<b>2:40:43</b>	54:20
183	Ole Petter Berglund	Fossum IF	1:29:09 46:35 25:05	<b>2:40:49</b>	54:26
184	Jarl Bøhn	NOTEAM	1:31:36 44:39 24:46	<b>2:41:01</b>	54:38
185	Magnus Grøslø	Enter Fritid	1:31:30 45:29 24:26	<b>2:41:25</b>	55:02
186	Jan Egil Andersen	Revisjon Sør	1:29:58 47:01 24:41	<b>2:41:40</b>	55:17
187	Andreas Risøy	3B-fibreglass	1:28:47 47:04 25:58	<b>2:41:49</b>	55:26
188	Lars Sodeffjed	NOTEAM	1:27:36 46:16 27:58	<b>2:41:50</b>	55:27
189	Håkon Nymo	Team mosjon	1:32:10 45:37 24:07	<b>2:41:54</b>	55:31
190	Kjell Olav Steinsland	NOTEAM	1:29:53 47:20 25:05	<b>2:42:18</b>	55:55
191	Yngve Martinsen	Kristiansand Løpeklubb	1:26:59 49:37 25:44	<b>2:42:20</b>	55:57
192	Leif Theodor Moen	Tarzanklubben	1:33:53 46:03 22:25	<b>2:42:21</b>	55:58
193	Terje Sangesland	Øvrebø il	1:33:47 44:42 24:00	<b>2:42:29</b>	56:06
194	Magnus Frestad Nygaard	KRIK	1:31:08 47:13 24:24	<b>2:42:45</b>	56:22
195	Arvid Falander	Birkenes IL	1:30:24 47:33 24:55	<b>2:42:52</b>	56:29
195	Steinar Aas	Birkenes IL	1:30:25 47:35 24:52	<b>2:42:52</b>	56:29
197	Magne Eikild	Vågsbygd Runners	1:32:01 47:17 23:38	<b>2:42:56</b>	56:33
198	Preben Skretteberg	NOTEAM	1:32:30 45:28 25:03	<b>2:43:01</b>	56:38
199	Morthen Askildsen	Mandal	1:30:28 46:25 26:10	<b>2:43:03</b>	56:40
199	Anders Skuggevik	Kristiansand Løpeklubb	1:35:16 45:24 22:23	<b>2:43:03</b>	56:40
201	Torstein Håkedal	Team Flaxvatn	1:27:34 48:29 27:19	<b>2:43:22</b>	56:59
202	Trond Arne Berg	NOTEAM	1:33:45 45:55 23:44	<b>2:43:24</b>	57:01
203	Roy Christian Flaa	nikkelverk BIL	1:33:29 46:49 23:17	<b>2:43:35</b>	57:12
204	Christer Dahle	Birkenes IL	1:27:51 48:37 27:08	<b>2:43:36</b>	57:13
205	Daniel Jansen	Birkenes IL	1:27:24 49:54 26:24	<b>2:43:42</b>	57:19
206	Stig Einar Ertresvåg	NOTEAM	1:35:18 45:16 23:19	<b>2:43:53</b>	57:30
207	Per Haagensen	NOTEAM	2:44:14 44:03 26:03	<b>2:43:54</b>	57:31
208	Christian Von Der Ohe	Castor BIL	1:28:44 48:41 26:31	<b>2:43:56</b>	57:33
209	Andreas Nordal	NOTEAM	1:30:29 48:29 25:01	<b>2:43:59</b>	57:36

# Resultatliste

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Class	Navn	Klubb	Mellomtid			Tid	Etter
<b>Gubben herrer 27km</b>							
210	Øyvind Lauvland	LCC	1:35:14	45:12	23:40	<b>2:44:06</b>	57:43
211	Arild Sletten	Holum IL	2:44:17	46:34	22:15	<b>2:44:07</b>	57:44
212	Bård Åsmund Vestøl	3B bil	1:30:51	48:26	25:04	<b>2:44:21</b>	57:58
213	Johnny Christensen	Rookie	1:29:38	48:46	26:33	<b>2:44:57</b>	58:34
214	Ronni Magnussen	NOTEAM	1:31:38	48:14	25:19	<b>2:45:11</b>	58:48
215	Hallvard Birkenes	Birkenes IL	1:32:28	47:06	25:53	<b>2:45:27</b>	59:04
216	Tom Skea	nikkelverk BIL	1:32:28	47:47	25:28	<b>2:45:43</b>	59:20
217	Fredrik Hope	Avinor BIL Kjevik	1:35:49	46:27	23:52	<b>2:46:08</b>	59:45
218	Håvard Undem	ELIXIA Carl Berner	2:46:40	48:22	25:44	<b>2:46:30</b>	1:00:07
219	Fredrik Enge	Enge Regnskap AS	1:33:30	48:42	24:26	<b>2:46:38</b>	1:00:15
220	Sven Erik Solberg	Kristiansand triathlon	1:33:47	49:05	23:58	<b>2:46:50</b>	1:00:27
221	Stig Tore Aaberg	NOTEAM	1:33:58	47:08	25:57	<b>2:47:03</b>	1:00:40
222	Even Fossum	IK Grane Orientering	1:31:34	49:27	26:10	<b>2:47:11</b>	1:00:48
223	Carl Peter Tønseth	Lyn Ski	2:47:55	1:16:10		<b>2:47:29</b>	1:01:06
224	Eirik Tveiten Ødegård	NOTEAM	2:47:47	00:10	1:16:09	<b>2:47:37</b>	1:01:14
225	Janis Gailis	Kristiansand Roklubb	2:47:55	50:01	25:52	<b>2:47:44</b>	1:01:21
226	Kenneth Larssen	NOTEAM	1:37:52	46:31	23:30	<b>2:47:53</b>	1:01:30
227	Ludvig Nordal	NOTEAM	1:33:54	49:29	24:44	<b>2:48:07</b>	1:01:44
228	Steinar Moen	Tarzanklubben	1:33:52	47:58	26:23	<b>2:48:13</b>	1:01:50
229	Fred-Arne Sivertsen	Kristiansand Løpeklubb	1:37:05	47:34	23:36	<b>2:48:15</b>	1:01:52
230	Kai Arne Normann	Telering Bedrift Eracom	1:29:11	50:38	28:35	<b>2:48:24</b>	1:02:01
231	Øyvind Foss	Kvås IL	2:49:11	46:55	22:11	<b>2:48:44</b>	1:02:21
232	Aleksander Federici	KRS TRI	2:49:14	49:08	24:35	<b>2:48:46</b>	1:02:23
233	Ole Petter Vestøl	Vegårshei IL	2:49:15	1:16:11		<b>2:48:53</b>	1:02:30
234	Thomas Sevland Amdal	Glencore	2:49:17	46:51	26:53	<b>2:48:58</b>	1:02:35
235	Reinier Van Der Spek	Kristiansand Løpeklubb	2:49:12	50:05	23:46	<b>2:49:00</b>	1:02:37
236	Christian Pritchard-Davies	NOTEAM	1:37:42	47:38	23:52	<b>2:49:12</b>	1:02:49
237	Carl S. D. Danielsen	NOTEAM	1:34:19	49:41	25:18	<b>2:49:18</b>	1:02:55
238	Andre Kjetså	BGV	1:35:17	47:41	26:26	<b>2:49:24</b>	1:03:01
239	Tor Erling Frigstad	Vindbjart, IL	1:33:51	49:41	26:24	<b>2:49:56</b>	1:03:33
240	Martin Unhjem	NOTEAM	1:35:19	48:53	26:06	<b>2:50:18</b>	1:03:55
241	Dan Eric Rasmussen	Flekkerøy Løpeklubb	1:37:48	48:15	24:36	<b>2:50:39</b>	1:04:16
242	André Erikssen	SCK/KRSTRI	1:33:50	50:23	26:39	<b>2:50:52</b>	1:04:29
243	Jon Steinar Viervang	Sparebanken Sør B.I.L	1:30:26	49:29	30:58	<b>2:50:53</b>	1:04:30
244	Arnt Georg Henriksen	MHWirth Bil	1:30:38	52:12	28:06	<b>2:50:56</b>	1:04:33
244	Steinar Vigsnes	Sparebanken Sør	1:33:28	50:44	26:44	<b>2:50:56</b>	1:04:33
246	Asbjørn Håland	NOTEAM	1:32:21	50:39	27:58	<b>2:50:58</b>	1:04:35
246	Torjus Aasland	Åseral IL	1:28:48	53:34	28:36	<b>2:50:58</b>	1:04:35
248	Ivan Zammit	NOTEAM	1:33:35	49:58	27:27	<b>2:51:00</b>	1:04:37
249	Ernst Pytten	Torridal Gubbeklubb	1:37:02	47:29	26:37	<b>2:51:08</b>	1:04:45
250	Reidar Matre	NOTEAM	1:36:14	48:53	26:38	<b>2:51:45</b>	1:05:22
251	Håvard S. Abrahamsen	Røa IL	1:35:16	50:38	26:26	<b>2:52:20</b>	1:05:57
252	Gisle Handegaard	Hennig Olsen is	1:33:26	51:04	28:05	<b>2:52:35</b>	1:06:12
253	Rune Mesel	Kristiansand triatlon	1:33:44	51:27	27:30	<b>2:52:41</b>	1:06:18
254	Christian Jacobsen	SpareBank 1 SR-Bank	1:29:22	54:30	29:08	<b>2:53:00</b>	1:06:37
255	Nils Helland	NOTEAM	3:08:44	08:38	1:09:25	<b>2:53:30</b>	1:07:07
256	Oddvar Brå	Leik, IL	1:31:19	51:15	31:01	<b>2:53:35</b>	1:07:12
257	Olav N Birkeland	Birkenes IL	1:37:12	50:35	25:49	<b>2:53:36</b>	1:07:13
257	John Instanes	Fløy	1:36:41	49:39	27:16	<b>2:53:36</b>	1:07:13
259	Jon Roald Johnsen	NOTEAM	1:38:51	49:13	25:57	<b>2:54:01</b>	1:07:38
260	Lars Tellemann Sæther	Kristiansand triatlon	1:35:21	51:28	27:16	<b>2:54:05</b>	1:07:42
261	Jon Terje Ekeland	Oddersjaa	1:37:09	49:16	27:45	<b>2:54:10</b>	1:07:47
262	Morten Lunde	Skade, Idrettslaget	1:31:33	52:25	30:16	<b>2:54:14</b>	1:07:51
263	Pål H. Svendsen	Blindleia cykleklubb	1:35:48	51:52	26:36	<b>2:54:16</b>	1:07:53
264	Jim De Groot	Team Tjutrenere	1:32:54	53:06	28:26	<b>2:54:26</b>	1:08:03
265	Stein Ingvar Haegeland	Lyngdal IL	1:37:02	51:03	26:26	<b>2:54:31</b>	1:08:08
266	Marius Kjelsrud	Adecco	2:54:56	49:20	24:31	<b>2:54:34</b>	1:08:11

# Resultatliste

Svalandsgubben 2016

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Class	Navn	Klubb	Mellomtid			Tid	Etter
<b>Gubben herrer 27km</b>							
267	Ståle Giverhaug	Søgne IL	1:39:37	50:05	25:14	<b>2:54:56</b>	1:08:33
268	Fredrik Falck-Knutsen	Gard	1:37:45	51:38	25:40	<b>2:55:03</b>	1:08:40
269	Kristoffer Hamre	NOTEAM	1:46:02	46:53	22:15	<b>2:55:10</b>	1:08:47
270	Martin Choux	NOTEAM	1:36:38	52:48	25:45	<b>2:55:11</b>	1:08:48
271	Lars Jørgen Peterson	NOTEAM	1:31:36	55:14	28:30	<b>2:55:20</b>	1:08:57
272	Martin Espeland	NOTEAM	1:37:48	50:32	27:08	<b>2:55:28</b>	1:09:05
273	Eivind Skjekkeland	Flekkerøy Løpeklubb	1:37:46	49:42	28:01	<b>2:55:29</b>	1:09:06
274	Kenneth Halvorsen	NOTEAM	1:37:06	52:08	26:24	<b>2:55:38</b>	1:09:15
275	Aleksander Lydersen	SSA BiL	1:39:50	50:47	25:03	<b>2:55:40</b>	1:09:17
276	Feda Grebovic	Arendal triathlon	1:41:36	49:19	25:04	<b>2:55:59</b>	1:09:36
277	Bjørnar Schanke	Birkenes IL	1:40:39	50:44	24:42	<b>2:56:05</b>	1:09:42
278	Asle Farestad	Krs Triatlonklubb	1:39:15	50:24	26:30	<b>2:56:09</b>	1:09:46
279	Trond Ellefsen	NOTEAM	1:35:47	54:10	26:32	<b>2:56:29</b>	1:10:06
280	Glenn Sørensen	NOTEAM	2:56:45	52:44	25:57	<b>2:56:30</b>	1:10:07
281	Guttorm Kvastad	Ik Grane Arendal	1:39:31	51:15	25:52	<b>2:56:38</b>	1:10:15
282	Roald Ankersen	Grimstad Triatlon	1:37:51	51:55	26:55	<b>2:56:41</b>	1:10:18
283	Norvald Andreassen	Sparebanken Sør	1:43:34	47:40	25:32	<b>2:56:46</b>	1:10:23
284	Jonas Myhre	NOTEAM	1:40:01	50:07	26:52	<b>2:57:00</b>	1:10:37
285	Tom R. Hansen	Vågsbygd Runners	1:40:29	50:33	26:02	<b>2:57:04</b>	1:10:41
286	Vemund Mollestad Rislåa	Birkenes IL	1:38:52	52:22	25:55	<b>2:57:09</b>	1:10:46
287	Håkon Sandvik	NOTEAM	1:40:51	50:49	25:35	<b>2:57:15</b>	1:10:52
288	Sigbjørn Hannevik	NOTEAM	2:57:41	48:37	26:02	<b>2:57:20</b>	1:10:57
289	Fredrik Tybakken	Caddis gutta	1:37:46	50:42	28:54	<b>2:57:22</b>	1:10:59
290	Rune Lundbjerg Petersen	Team dk	1:37:52	51:58	27:40	<b>2:57:30</b>	1:11:07
291	Rune Terjesen	NOTEAM	2:57:44	51:33	26:27	<b>2:57:34</b>	1:11:11
292	Gunnar Mollestad	Vennesla legesenter	1:38:51	51:31	27:26	<b>2:57:48</b>	1:11:25
293	Frode Udjus	HSH Entreprenør	1:37:39	52:15	27:57	<b>2:57:51</b>	1:11:28
294	Espen Lia	Lillesand IL	2:58:26	55:52	33:04	<b>2:58:04</b>	1:11:41
295	Rune Hallberg	Tjuvtreneren	1:39:34	51:24	27:13	<b>2:58:11</b>	1:11:48
296	Terje Nesland	Bjelland IL	1:37:56	51:36	28:42	<b>2:58:14</b>	1:11:51
297	Leif Andre Kyte	Ge Healthcare	1:37:15	53:15	27:46	<b>2:58:16</b>	1:11:53
297	Jan Terje Vikse	NOTEAM	1:35:12	52:15	30:49	<b>2:58:16</b>	1:11:53
299	Torleif Udem	Lillesand	1:40:25	50:49	27:16	<b>2:58:30</b>	1:12:07
300	Knut Viggo Frøysaa	NOTEAM	1:41:30	50:43	26:29	<b>2:58:42</b>	1:12:19
301	Morten Eilert Andersen	Agderposten BIL	1:41:49	50:55	26:04	<b>2:58:48</b>	1:12:25
302	Kjartan Tveitnes Pedersen	Team Flaxvatn	1:38:00	52:45	28:29	<b>2:59:14</b>	1:12:51
303	Jakob Haugaa	Ernst & Young AS	1:41:21	48:20	29:35	<b>2:59:16</b>	1:12:53
304	Richard Risbruna	Team Tjutrenerene	1:37:05	53:28	28:51	<b>2:59:24</b>	1:13:01
305	Søren Siggård	Team dk	1:37:14	54:52	27:26	<b>2:59:32</b>	1:13:09
306	Torstein Jortveit	BYGGI HUNSFOS	1:37:40	53:52	28:07	<b>2:59:39</b>	1:13:16
307	Sveinung Haugerudbråten	Ydderdalen	1:40:06	52:01	27:41	<b>2:59:48</b>	1:13:25
308	Edgard Ellertsen	nikkelverket	1:38:25	53:02	28:36	<b>3:00:03</b>	1:13:40
309	Vegard Hole In One Flaa	Team Flaxvatn	1:35:58	54:49	29:53	<b>3:00:40</b>	1:14:17
310	Trond Arne Johansen	Budz Kristiansand	1:45:26	50:10	25:13	<b>3:00:49</b>	1:14:26
311	Tony Teigland	Enter Fritid	1:42:28	51:22	27:00	<b>3:00:50</b>	1:14:27
312	Tore Tønnesen	Bergflettefamilien	1:40:49	52:20	27:49	<b>3:00:58</b>	1:14:35
313	William Skalleberg	Trimtex	1:39:45	53:14	28:12	<b>3:01:11</b>	1:14:48
314	Geir Juklerød	vågsbygdrunners	1:43:37	51:07	26:40	<b>3:01:24</b>	1:15:01
315	Tom Arne Aamodt	Mur i Sør AS	1:41:28	52:56	27:03	<b>3:01:27</b>	1:15:04
316	Sven Atle Sødal	NOTEAM	1:39:18	52:38	29:42	<b>3:01:38</b>	1:15:15
317	Norman Bendix Johannesen	NOTEAM	1:48:33	49:25	23:53	<b>3:01:51</b>	1:15:28
318	Geir Fredriksen	NOTEAM	1:40:50	53:34	27:44	<b>3:02:08</b>	1:15:45
319	Stian Rindal	Shalg Andrew and the	1:40:55	53:13	28:17	<b>3:02:25</b>	1:16:02
320	Frode Stakkeland	Schymmet	1:46:03	51:01	25:23	<b>3:02:27</b>	1:16:04
321	Geir Ropstad	Kristiansand triathlon	1:39:36	54:08	28:52	<b>3:02:36</b>	1:16:13
322	Stein André Frostad	NOV BIL	1:47:44	48:21	26:35	<b>3:02:40</b>	1:16:17
323	Sigmund Brekka	Høvdingen	1:39:14	54:47	28:47	<b>3:02:48</b>	1:16:25



# Resultatliste

Svalandsgubben 2016

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Plass	Navn	Klubb	Mellomtid			Tid	Etter
<b>Gubben herrer 27km</b>							
324	Paul Joreid	Team mosjon	1:42:09	53:31	27:17	<b>3:02:57</b>	1:16:34
325	Harald Vingerhagen	IBS Regnskap	1:43:46	53:17	26:07	<b>3:03:10</b>	1:16:47
326	Trond Johannessen	BYGGI HUNSFOS	1:38:02	54:38	30:51	<b>3:03:31</b>	1:17:08
327	Jan Helland	VA vegvesen	1:41:20	52:51	29:26	<b>3:03:37</b>	1:17:14
328	Sindre Ask Soldal	NOTEAM	1:43:48	54:01	26:02	<b>3:03:51</b>	1:17:28
329	Bjørgulf Lauvdal	NOTEAM	1:43:36	54:00	26:52	<b>3:04:28</b>	1:18:05
330	Kjetil Tveite	Eidekameratene il.	1:44:21	52:36	27:41	<b>3:04:38</b>	1:18:15
331	Dag-Tellef Risdal	Vigrestad IK	1:41:30	55:28	27:43	<b>3:04:41</b>	1:18:18
332	Jens Henrik Brodersen	Team mosjon BIL	1:42:03	53:45	29:04	<b>3:04:52</b>	1:18:29
333	Lothar Muhleisen	NOTEAM	3:05:15	54:56	29:14	<b>3:04:55</b>	1:18:32
334	Steinar Aanesland	NOTEAM	1:41:52	53:46	29:29	<b>3:05:07</b>	1:18:44
335	Håkon Moen	NOTEAM	1:40:48	54:00	30:33	<b>3:05:21</b>	1:18:58
336	Lars Helge Fossdal	Sørlandet Sykehus	1:43:01	53:01	29:23	<b>3:05:25</b>	1:19:02
337	Martijn Schmidt	NOTEAM	1:43:10	52:15	30:09	<b>3:05:34</b>	1:19:11
338	Kjell Ove Bjørke	Tine	1:43:38	54:42	27:28	<b>3:05:48</b>	1:19:25
339	Preben Herregården	Stathelle og Omegn IL	1:46:21	53:21	26:08	<b>3:05:50</b>	1:19:27
340	Gunnar Hillestad	Hillestadheia	1:44:20	54:31	27:08	<b>3:05:59</b>	1:19:36
341	Lasse Johnsen	Oddersjaa	1:37:44	57:02	31:15	<b>3:06:01</b>	1:19:38
342	Tore Dahl	Marnardal IL	1:43:45	54:48	28:00	<b>3:06:33</b>	1:20:10
343	Arvid Haaverstad	Herreklippen	1:41:19	54:28	30:55	<b>3:06:42</b>	1:20:19
344	Erik Håland	NOTEAM	1:42:14	53:55	30:34	<b>3:06:43</b>	1:20:20
345	Geir Colbjørnsen	Birkenes IL	1:43:52	53:42	29:13	<b>3:06:47</b>	1:20:24
346	Haakon H. Jørgensen	NOTEAM	1:43:00	52:42	31:08	<b>3:06:50</b>	1:20:27
347	Erland Førde Møll	Enter Fritid	1:45:31	53:16	28:04	<b>3:06:51</b>	1:20:28
348	Arild Moen	NOTEAM	1:41:21	55:20	30:15	<b>3:06:56</b>	1:20:33
349	Olav Sommerset Risdal	NOTEAM	1:45:05	54:23	27:53	<b>3:07:21</b>	1:20:58
350	Øyvind Eikeland	Birkenes IL	1:39:33	56:04	32:14	<b>3:07:51</b>	1:21:28
351	Patrik Alesand	XXL	1:42:54	56:36	28:56	<b>3:08:26</b>	1:22:03
352	Jørgen Sæbø	Marnardal IL	1:43:57	55:13	29:17	<b>3:08:27</b>	1:22:04
353	Ralph Martin Dalholt	Løpegjører	1:44:05	53:46	30:52	<b>3:08:43</b>	1:22:20
354	Vidar Egeberg	Løpegjører	14:00:00			<b>3:08:44</b>	1:22:21
355	Torjus Åkre	Glencore Nikkelverk	1:51:10	52:29	25:23	<b>3:09:02</b>	1:22:39
356	Steinar Fjeldberg	Sparebanken Sør BIL	1:37:20	58:36	33:32	<b>3:09:28</b>	1:23:05
356	Andreas Pettersen	NOTEAM	1:42:56	57:26	29:06	<b>3:09:28</b>	1:23:05
358	Roald Pettersen	NOTEAM	1:42:57	57:23	29:09	<b>3:09:29</b>	1:23:06
359	Stuart Michael Kempson	Gard	1:40:34	59:52	29:17	<b>3:09:43</b>	1:23:20
359	Joakim Bronder	Raet Sportsklubb	1:48:37	53:04	28:02	<b>3:09:43</b>	1:23:20
361	Fredrik Vasland	NOTEAM	1:45:02	56:31	28:25	<b>3:09:58</b>	1:23:35
362	Kjell Terje Hægeland	BYGGI HUNSFOS	1:38:50	1:01:02	30:45	<b>3:10:37</b>	1:24:14
363	Kjetil Granli	Tingsaker joggegruppe	1:48:39	54:38	27:28	<b>3:10:45</b>	1:24:22
364	Tormod Nagel Karlsen	Bente s fanklubb	1:44:04	57:22	29:30	<b>3:10:56</b>	1:24:33
365	Rune Fuglestveit	NOTEAM	1:40:35	58:40	31:56	<b>3:11:11</b>	1:24:48
366	Øyvind Bratland	IF Trauma	1:50:11	54:03	27:19	<b>3:11:33</b>	1:25:10
367	Michael Callesen	NOTEAM	1:43:35	58:57	29:39	<b>3:12:11</b>	1:25:48
368	Espen Sheppard	MHBil	1:42:43	59:58	30:27	<b>3:13:08</b>	1:26:45
369	Øyvind Kalhagen Andersen	Birkenes IL	1:43:07	56:00	34:14	<b>3:13:21</b>	1:26:58
370	Martin Nordvik	Sørfjell, IL	1:41:20	59:57	32:19	<b>3:13:36</b>	1:27:13
371	Bjørn Skuggevik	NOTEAM	1:43:39	58:16	31:52	<b>3:13:47</b>	1:27:24
372	Mikael Tønnesen	NOTEAM	1:47:39	57:32	28:46	<b>3:13:57</b>	1:27:34
373	Ragnar Høygilt	Birkenes IL	1:49:12	56:12	28:35	<b>3:13:59</b>	1:27:36
374	Glenn Jørgen Jørgensen	Team Flaxvatn	1:38:16	58:31	37:37	<b>3:14:24</b>	1:28:01
375	Pål Fidjeland	Birkenes Amatør il	1:46:52	58:18	29:22	<b>3:14:32</b>	1:28:09
376	Sverre Eikeland	NOTEAM	1:43:56	58:09	32:39	<b>3:14:44</b>	1:28:21
377	Vegard Bergh	NOTEAM	1:46:51	57:51	30:05	<b>3:14:47</b>	1:28:24
378	Audun Tørresvold	NOV BIL	1:48:23	55:15	31:11	<b>3:14:49</b>	1:28:26
379	Jon Thomas Brekke	Gard	1:47:00	57:20	30:50	<b>3:15:10</b>	1:28:47
380	Stephen Agerbo	Agerbo gjør ting de ikke	1:47:03	57:02	31:15	<b>3:15:20</b>	1:28:57

# Resultatliste

Svalandsgubben 2016

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Plass	Navn	Klubb	Mellomtid	Tid	Etter
<b>Gubben herrer 27km</b>					
380	Gjørøn Agerbo	Agerbo gjør ting de ikke	1:46:53 57:13 31:14	<b>3:15:20</b>	1:28:57
382	Anders Kornbrekke	NOTEAM	1:47:35 55:17 32:49	<b>3:15:41</b>	1:29:18
383	Trygve Skiftenes Flak	Avinor BIL Kjevik	1:42:44 1:00:01 33:12	<b>3:15:57</b>	1:29:34
384	Christian Kølling	Kristiansand triathlon	1:47:01 57:46 31:22	<b>3:16:09</b>	1:29:46
385	Vidar Østerberg	NOTEAM	1:48:48 57:17 30:08	<b>3:16:13</b>	1:29:50
386	Runar Nørsett	NOTEAM	1:49:33 57:02 29:40	<b>3:16:15</b>	1:29:52
387	Øyvind Raen	NOTEAM	1:41:06 1:01:02 34:42	<b>3:16:50</b>	1:30:27
388	Kjetil Nyvold	TTS-marine	1:52:55 57:13 26:45	<b>3:16:53</b>	1:30:30
389	Marcus Lauvrak	Avinor Lufthavnvakta	1:43:33 1:00:58 32:31	<b>3:17:02</b>	1:30:39
390	Sindre Vigsnæs	NOTEAM	1:48:16 58:02 30:48	<b>3:17:06</b>	1:30:43
391	Steinar Justnes	Huntonit	1:47:44 58:15 31:14	<b>3:17:13</b>	1:30:50
392	Eirik Skaara	OneCo	1:48:41 57:14 31:37	<b>3:17:32</b>	1:31:09
393	Kim-Andrè Reinhartsen	Phonero AS	1:55:45 54:43 27:12	<b>3:17:40</b>	1:31:17
394	Shalg Andrew Pettersen	Shalg Andrew & the	1:44:55 1:01:21 31:26	<b>3:17:42</b>	1:31:19
395	Lars Andreas Aas	NOTEAM	1:52:57 57:21 27:28	<b>3:17:46</b>	1:31:23
396	Torbjørn Rypestøl	Ernst & Young AS	1:48:06 59:05 31:02	<b>3:18:13</b>	1:31:50
397	Øyvind Larsen	NOTEAM	1:41:23 1:00:46 36:17	<b>3:18:26</b>	1:32:03
398	Arne Reily Thorstensen	Ø. Tromøy Trim Og	1:45:09 1:00:42 32:51	<b>3:18:42</b>	1:32:19
399	Ronnie Selstø	NOTEAM	1:47:59 59:53 30:57	<b>3:18:49</b>	1:32:26
400	Stian Haug	Magnus Barfots Vei trim	1:51:09 57:32 30:12	<b>3:18:53</b>	1:32:30
401	James Chalmers	NOTEAM	1:48:36 59:07 31:16	<b>3:18:59</b>	1:32:36
402	Terje Granås	Arendal triathlon	1:47:52 58:51 32:19	<b>3:19:02</b>	1:32:39
403	Nils Theodor Flaa	Birkenes Amatør il	1:46:54 1:00:32 31:59	<b>3:19:25</b>	1:33:02
404	Per Johan Flaa	Birkeland Musikkorps	1:49:00 58:27 32:07	<b>3:19:34</b>	1:33:11
405	Trond Gjermund Haugen	Varhaug IL	1:45:06 1:03:47 31:27	<b>3:20:20</b>	1:33:57
406	Erik Jonas Aarsland	Vigrestad IK	1:45:07 1:03:46 31:28	<b>3:20:21</b>	1:33:58
407	Kurt Anders Imenes	Birkenes IL	1:46:48 1:00:14 33:43	<b>3:20:45</b>	1:34:22
408	Øyvind Ødegård	KRIK+ Arendal	1:48:34 59:53 32:29	<b>3:20:56</b>	1:34:33
409	Kristian Alsted Jakobsen	NOTEAM	1:49:40 59:08 32:25	<b>3:21:13</b>	1:34:50
410	Atle Råna	Rygene IL	1:48:59 57:41 34:37	<b>3:21:17</b>	1:34:54
411	Ragnvald Godø	NOTEAM	1:47:38 1:00:46 32:54	<b>3:21:18</b>	1:34:55
412	Espen Bjørklund	APL BIL	1:52:18 1:00:39 28:50	<b>3:21:47</b>	1:35:24
413	Andreas Tønnesen Rasmussen	NOTEAM	1:47:40 58:48 35:36	<b>3:22:04</b>	1:35:41
414	Torkel Tjelland	Mur i Sør AS	1:48:31 1:00:58 32:36	<b>3:22:05</b>	1:35:42
415	Chris Andre Gulbrandsen	NOTEAM	1:50:37 58:09 33:28	<b>3:22:14</b>	1:35:51
416	Tor Larsen	Vindbjart, IL	1:47:54 59:41 34:44	<b>3:22:19</b>	1:35:56
417	Øystein Fidjeland	Birkenes Amatør il	1:51:07 59:46 31:28	<b>3:22:21</b>	1:35:58
418	Tom Ivar Gulbrandsen	NOTEAM	1:54:01 57:56 31:03	<b>3:23:00</b>	1:36:37
419	Terje Hansen	Kimestad IL	1:55:25 57:49 29:48	<b>3:23:02</b>	1:36:39
420	Roger Seterlien	TeamSeterlien	1:54:02 57:55 31:19	<b>3:23:16</b>	1:36:53
421	Johan Tømmerås	nikkelverk BIL	1:54:01 1:00:18 29:30	<b>3:23:49</b>	1:37:26
422	Kurt Jr Snemyr	Lillesand IL	1:51:00 1:01:12 31:40	<b>3:23:52</b>	1:37:29
423	Jonas Grotnes	NOTEAM	3:26:21 1:03:43 33:27	<b>3:26:06</b>	1:39:43
424	Tobias Stokkeland	Oddersjaa	3:26:26 1:05:00 32:35	<b>3:26:13</b>	1:39:50
425	Jan Wahl	Enter Fritid	3:26:26 59:44 30:00	<b>3:26:16</b>	1:39:53
426	Kai Stokkeland	Oddersjaa	1:54:31 1:00:33 31:16	<b>3:26:20</b>	1:39:57
427	Harald Wegge	Elkem Fiskaa BIL	3:28:50 1:04:36 34:24	<b>3:28:35</b>	1:42:12
428	Paul C Jensen	Birkenes IL	13:29:00	<b>3:29:00</b>	1:42:37
429	Pål-Johan Nedal	KCK	3:29:51 59:51 30:35	<b>3:29:36</b>	1:43:13
430	Daniel Haig	Team Bærtur	1:36:57 1:17:58 34:44	<b>3:29:39</b>	1:43:16
431	Christian Lind	NOTEAM	1:58:42 1:00:39 30:22	<b>3:29:43</b>	1:43:20
432	Frank Olsen	Origo Solutions AS	1:53:41 1:00:45 36:13	<b>3:30:39</b>	1:44:16
433	Bjørn Vidar Lie	Birkenes IL	1:52:54 1:07:02 31:11	<b>3:31:07</b>	1:44:44
433	Jonny Teigen	Birkenes IL	1:53:57 1:05:59 31:11	<b>3:31:07</b>	1:44:44
435	Jardar F. Pedersen	Phonero AS	1:56:13 1:03:44 31:31	<b>3:31:28</b>	1:45:05
436	Stefan Jønssob	Team Danmark elite	1:54:41 1:02:54 34:21	<b>3:31:56</b>	1:45:33
437	Jan Egil Tveit	Vindbjart, IL	1:52:48 1:03:27 35:53	<b>3:32:08</b>	1:45:45

# Resultatliste

Svalandsgubben 2016

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Plass	Navn	Klubb	Mellomtid	Tid	Etter
<b>Gubben herrer 27km</b>					
437	Tor Øyvind Roland	Vindbjart, IL	1:52:47 1:03:28 35:53	<b>3:32:08</b>	1:45:45
439	Ketil Græe	NOTEAM	1:53:53 1:02:12 36:35	<b>3:32:40</b>	1:46:17
440	Halvor Hovet	NOTEAM	1:56:40 1:01:16 34:54	<b>3:32:50</b>	1:46:27
441	Geir Anders Ask	NOTEAM	1:55:25 1:04:01 34:12	<b>3:33:38</b>	1:47:15
442	Vidar Log Samuelsen	Romerike Ultraløperklubb	1:50:14 1:03:43 39:52	<b>3:33:49</b>	1:47:26
443	Fredrik Hole Flaa	Birkenes IL	1:50:55 1:06:59 37:06	<b>3:35:00</b>	1:48:37
444	Terje Josdal	NOTEAM	1:56:18 1:04:33 34:35	<b>3:35:26</b>	1:49:03
445	Kjetil Sandstå	Unit4 BIL	1:52:59 1:07:53 36:56	<b>3:37:48</b>	1:51:25
446	Anders Solstrand	Løpegjører	1:55:20 1:08:00 36:00	<b>3:39:20</b>	1:52:57
446	Esben Bjellerås	Løpegjører	1:55:20 1:08:00 36:00	<b>3:39:20</b>	1:52:57
448	Ole Jacob Aadnesen	Naspe IL	1:59:05 1:06:39 36:47	<b>3:42:31</b>	1:56:08
449	Helge Dalhaug	NOTEAM	1:59:13 1:11:22 33:53	<b>3:44:28</b>	1:58:05
450	Christer Aaser	NOTEAM	1:59:09 1:11:18 36:16	<b>3:46:43</b>	2:00:20
451	Kristian Svaland	Birkenes IL	13:50:00	<b>3:50:00</b>	2:03:37
452	Magnus Vatland	Elkem BIL	1:59:07 1:13:08 39:27	<b>3:51:42</b>	2:05:19
453	Roger Robstad	Enter Fritid	1:59:15 1:11:32 41:08	<b>3:51:55</b>	2:05:32
454	Asbjørn Andås	ProFundo B.I.L	2:00:33 1:12:12 41:17	<b>3:54:02</b>	2:07:39
455	Ove Løfstrand	Fit for sommer	2:09:21 1:13:22 32:39	<b>3:55:22</b>	2:08:59
456	Bård Gunnar Skråning	NOTEAM	2:04:08 1:10:14 41:24	<b>3:55:46</b>	2:09:23
457	Olav J Neset	Mandal	13:56:00	<b>3:56:00</b>	2:09:37
457	Bjørn Stormoen	Birkenes IL	13:56:00	<b>3:56:00</b>	2:09:37
457	Trygve Løland	Birkenes IL	13:56:00	<b>3:56:00</b>	2:09:37
460	Christian Fagge	NOTEAM	2:04:20 1:13:25 40:42	<b>3:58:27</b>	2:12:04
461	Geir Knutsen	Vennesla kommunale	2:14:54 1:15:38 37:09	<b>4:07:41</b>	2:21:18
462	Eirik Jenssen	Kroksteinåsen og	2:12:12 1:21:15 38:33	<b>4:12:00</b>	2:25:37
463	Glenn Sunnanå	Agder friomsorgskontor	4:16:10 1:21:24 39:05	<b>4:16:00</b>	2:29:37
464	Øyvind Aske	Statens vegvesen	2:17:01 1:20:03 40:51	<b>4:17:55</b>	2:31:32
465	Kristian Nyhus	Birkenes IL	1:51:27 1:36:50 57:24	<b>4:25:41</b>	2:39:18
466	Hans Kristian Nilsen	Universitetet i Agder	2:29:28 1:27:59 43:59	<b>4:41:26</b>	2:55:03
DNF	Nils Gunnar Gjelsten	Glencore Nikkelverk			
DNF	Kevin Olsen	Løpegjører	2:13:11 1:32:50		
DNF	Terje Bøhn	NOTEAM			
DNF	Svein Skuland	Extra			
DNF	Magne Dølemo	OK Sør			
DNF	Bjørn Dag Truchs	Team mosjon	1:40:46 47:57	<b>2:28:43</b>	
DNF	Andre' Gundersen	NOTEAM	1:34:31 48:16 24:53	<b>2:47:40</b>	
DNF	Herman Grue	NOTEAM	3:00:32	<b>3:00:32</b>	
DNF	Øistein Fossestøl	Agderposten BIL	1:48:30 1:22:35	<b>3:11:05</b>	
Antall	475	Påmeldte: 497	Startende: 475		

## Kortgubben damer 13km

1	Marianne Andersen	Kristiansand OK	39:41 17:57	<b>57:38</b>	
2	Trude Harstad	Sparebanken Sør BIL	44:01 18:58	<b>1:02:59</b>	05:21
3	Julie Meinicke	Jutul, IL	44:00 19:25	<b>1:03:25</b>	05:47
4	Anine Kallhovd	Otra IL	47:50 20:44	<b>1:08:34</b>	10:56
5	Kaja Ausland	SSK Oddersjaa	47:47 21:24	<b>1:09:11</b>	11:33
6	Johanne Birkeland Abrahamser	Heming, IL	48:13 22:11	<b>1:10:24</b>	12:46
7	Emilie Holen Larsen	Vindbjart ski	49:05 22:04	<b>1:11:09</b>	13:31
8	Åse Marie Rosef	Birkenes IL	49:38 21:49	<b>1:11:27</b>	13:49
9	Jehudit Svalland	Vindbjart, IL	50:50 22:28	<b>1:13:18</b>	15:40
10	Christina White	Søgne og Songdalen OK	50:50 22:51	<b>1:13:41</b>	16:03
11	Turid Kallhovd	Otra IL	52:28 23:45	<b>1:16:13</b>	18:35
12	Eva Anett Mosland	NOTEAM	55:19 24:34	<b>1:19:53</b>	22:15
13	Ann-Malen Engenes	Rygene IL	55:34 24:41	<b>1:20:15</b>	22:37
14	Gunhild Rygnestad	NOTEAM	56:07 24:21	<b>1:20:28</b>	22:50
15	Sunniva Frigstad	Vindbjart, IL	55:40 25:25	<b>1:21:05</b>	23:27

# Resultatliste

Svalandsgubben 2016

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Class	Navn	Klubb	Mellomtid	Tid	Etter
<b>Kortgubben damer 13km</b>					
16	Karianne Tredal	NOTEAM	58:08 23:12	<b>1:21:20</b>	23:42
17	Erika Strand	Vindbjart, IL	55:20 26:23	<b>1:21:43</b>	24:05
18	Bodil Bransdal Aanonsen	NOTEAM	57:26 24:29	<b>1:21:55</b>	24:17
19	Veslemøy Kollstad	Kristiansands IF-Friidrett	59:05 22:59	<b>1:22:04</b>	24:26
20	Anne Karine Seland	Grimstad Løpeklubb	56:39 25:32	<b>1:22:11</b>	24:33
21	Sigrunn Askland	Express, IL	57:44 24:38	<b>1:22:22</b>	24:44
22	Inga Vestøl Stødle	NOTEAM	59:00 24:05	<b>1:23:05</b>	25:27
23	Regine Hodne Hørsdal	Rygene IL	58:32 24:36	<b>1:23:08</b>	25:30
24	Reni Lukas	Grimstad Triathlon	58:11 25:34	<b>1:23:45</b>	26:07
25	Sigrid Ekeland	Oddersjaa	1:25:17 26:28	<b>1:24:58</b>	27:20
26	Tonje Frigstad	Birkenes IL	59:21 25:51	<b>1:25:12</b>	27:34
27	Ingrid Giverhaug	NOTEAM	1:01:26 25:16	<b>1:26:42</b>	29:04
28	Gro Langan Bjorvatten	Vegårshei IL	1:00:07 27:15	<b>1:27:22</b>	29:44
29	Oda Kristine Søltnæs	NOTEAM	1:00:56 26:59	<b>1:27:55</b>	30:17
30	Turid Tjørnholm	NOTEAM	1:01:41 26:31	<b>1:28:12</b>	30:34
31	Tone Ellingsen	NOTEAM	1:04:01 26:54	<b>1:30:55</b>	33:17
32	Ingrid Mosfjell	Birkenes IL	1:04:01 27:50	<b>1:31:51</b>	34:13
33	Ranveig Aas-Hanssen	NOTEAM	1:04:00 28:15	<b>1:32:15</b>	34:37
34	Siri Marit Aasland	NOTEAM	1:03:14 29:15	<b>1:32:29</b>	34:51
35	Line Suggelia	NOTEAM	1:04:27 28:50	<b>1:33:17</b>	35:39
36	Andrea Drangsholt	Birkenes IL	1:04:47 29:37	<b>1:34:24</b>	36:46
37	Sol Suggelia	bil	1:05:19 29:26	<b>1:34:45</b>	37:07
38	Grete Jakobsen	Team Trimtex	1:05:13 29:39	<b>1:34:52</b>	37:14
39	Eline Mykland Svendsen	NOTEAM	1:08:33 26:47	<b>1:35:20</b>	37:42
40	Remine Åsan Andersen	NOTEAM	1:08:33 27:20	<b>1:35:53</b>	38:15
40	Sissel Gjennestad	NOTEAM	1:07:15 28:38	<b>1:35:53</b>	38:15
40	Gina Flåt Hansen	NOTEAM	1:08:33 27:20	<b>1:35:53</b>	38:15
43	Annie Ullah	Enter Fritid	1:06:30 29:56	<b>1:36:26</b>	38:48
44	Evelyn Moen	LøpeCompaniet	1:07:51 28:59	<b>1:36:50</b>	39:12
44	Aina A Munthe	NOTEAM	1:06:54 29:56	<b>1:36:50</b>	39:12
46	Kristin Skaiaa	3B bil	1:07:07 29:47	<b>1:36:54</b>	39:16
47	Aina Haaverstad	Iveland IL	1:08:45 29:05	<b>1:37:50</b>	40:12
48	Nora Holen Larsen	Vindbjart, IL	1:08:35 29:16	<b>1:37:51</b>	40:13
48	Kjersti Aamdal	Vindbjart, IL	1:08:36 29:15	<b>1:37:51</b>	40:13
48	Sara Knutsen	Vindbjart, IL	1:08:36 29:15	<b>1:37:51</b>	40:13
48	Maren Quarstein	Vindbjart, IL	1:08:34 29:17	<b>1:37:51</b>	40:13
48	Hannah Rike	Vindbjart, IL	1:08:34 29:17	<b>1:37:51</b>	40:13
48	Tina Mangseth	Vindbjart, IL	1:08:38 29:13	<b>1:37:51</b>	40:13
48	Karoline Mygland Nijjar	Vindbjart, IL	1:08:34 29:17	<b>1:37:51</b>	40:13
55	Leticia Pinheiro Mota	Vindbjart, IL	1:08:38 29:14	<b>1:37:52</b>	40:14
55	Tina Mønsted	Vindbjart, IL	1:08:35 29:17	<b>1:37:52</b>	40:14
55	Serina Mygland Nijjar	Vindbjart, IL	1:08:37 29:15	<b>1:37:52</b>	40:14
58	Tina Birkeland	NOTEAM	1:08:33 30:00	<b>1:38:33</b>	40:55
59	Heidi Smeland Eftestøl	Lillesand IL	1:09:21 29:44	<b>1:39:05</b>	41:27
60	Bente Monge	NOTEAM	1:09:20 29:57	<b>1:39:17</b>	41:39
61	Unni Dalen	FSK	1:09:19 30:13	<b>1:39:32</b>	41:54
62	Nina Amundsen	Express, IL	1:08:37 31:11	<b>1:39:48</b>	42:10
62	Kari Thygesen	NOTEAM	1:08:37 31:11	<b>1:39:48</b>	42:10
64	Birgit Wigstøl Kjelsrud	Phonero AS	1:11:32 28:41	<b>1:40:13</b>	42:35
65	Trude Murberg	BCK	1:09:10 31:05	<b>1:40:15</b>	42:37
65	Amanda Murberg Endresen	NOTEAM	1:09:09 31:06	<b>1:40:15</b>	42:37
67	Anne-Lill Opheim	Lillesand IL	1:40:39 31:00	<b>1:40:26</b>	42:48
68	Idun Aamlund	Lillesand IL	1:09:27 31:00	<b>1:40:27</b>	42:49
69	Vibeke Carlsen Unander	NOTEAM	1:09:20 31:27	<b>1:40:47</b>	43:09
70	Wanda Longnes	NOTEAM	1:09:12 32:56	<b>1:42:08</b>	44:30
71	Pernille Lykke Pedersen	Team Flaxvatn	1:15:16 26:56	<b>1:42:12</b>	44:34
72	Kamilla Flaatten Federici	NOTEAM	1:11:31 30:51	<b>1:42:22</b>	44:44

# Resultatliste

Svalandsgubben 2016

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Plass	Navn	Klubb	Mellomtid	Tid	Etter
<b>Kortgubben damer 13km</b>					
73	Maren Strandevold	NOTEAM	1:12:57 29:54	<b>1:42:51</b>	45:13
74	Toril Skjæveland	NOTEAM	1:13:09 30:06	<b>1:43:15</b>	45:37
75	Fina Tingström	Trimtex	1:12:42 30:46	<b>1:43:28</b>	45:50
76	Maryanne Mesel	NOTEAM	1:13:16 30:41	<b>1:43:57</b>	46:19
77	Kristina Raen	NOTEAM	1:08:49 35:18	<b>1:44:07</b>	46:29
78	Birgitta Kersten	NOTEAM	1:12:58 32:30	<b>1:45:28</b>	47:50
79	Åshild Espeland	NOTEAM	1:16:56 33:21	<b>1:50:17</b>	52:39
80	Camilla Bjorvatn	Birkenes IL	1:18:01 36:10	<b>1:54:11</b>	56:33
81	Stine Amundsen	NOTEAM	1:20:31 35:36	<b>1:56:07</b>	58:29
82	Kari Nyhaven	Birkenes IL	11:57:38	<b>1:57:38</b>	1:00:00
82	Anita Sivertsen	Birkenes IL	13:17:38	<b>1:57:38</b>	1:00:00
84	Aina Vehusheia	Birkenes IL	1:18:55 38:46	<b>1:57:41</b>	1:00:03
85	Karoline Aas-Mehren	Team Vinvand	1:23:15 34:36	<b>1:57:51</b>	1:00:13
86	Helene Tørå Micallef	NOTEAM	1:23:07 35:41	<b>1:58:48</b>	1:01:10
87	Hanne Gabrielsen Aas	Vindbjart, IL	1:28:41 34:13	<b>2:02:54</b>	1:05:16
88	Björg Ask	NOTEAM	1:32:02 41:19	<b>2:13:21</b>	1:15:43
89	Bippa Uldal Løland	Radio-L	12:14:00	<b>2:14:00</b>	1:16:22
90	Ellen Eikeland	Birkenes IL	12:25:00	<b>2:25:00</b>	1:27:22
90	Dagmar Birkeland	Birkenes IL	12:25:00	<b>2:25:00</b>	1:27:22
92	Birte Gauslaa Hansen	NOTEAM	12:50:00	<b>2:50:00</b>	1:52:22
92	Eli Gauslaa Hansen	NOTEAM	12:50:00	<b>2:50:00</b>	1:52:22
94	Gudveig Jørundland	NOTEAM	12:51:39	<b>2:51:39</b>	1:54:01
95	Edel Gladys Holte	Oddersjaa	14:25:43	<b>3:05:43</b>	2:08:05
Antall	95	Påmeldte: 95	Startende: 95		